

## **GHYRC COVID-19 Guidelines for North Valley Youth Baseball**

*Updated March 23, 2021*

- To comply with the County of Los Angeles Department of Public Health Order of the Health Officer that screening is done prior to players and coaches participating in youth sports activities, we will be placing signage at the entrance to the facility, as well as at AYSO 174 and North Valley Youth Baseball's sites stating the following:

No persons will be allowed entry to the Granada Hills Youth Recreation Center if they have the following:

- Fever (100.4+) or chills
  - Cough
  - Shortness of Breath
  - Difficulty Breathing
  - Has had contact with a person known or suspected to be infected with the Novel Coronavirus (COVID-19) within the last 14 days
  - Currently under isolation or quarantine orders
- In addition to the signage, AYSO 174 and NXYB have agreed to have parents/guardians complete a COVID Questionnaire form before every event.

NXYB: Our forms will be turned in to board member at check-in table when individuals present for a temperature check. Only when the form has been received and temperature is acceptable, individuals may proceed to fields.

- All volunteers will have their temperatures checked prior to participating in events. No-touch thermometers will be provided by GHYRC. Once tested, they will receive a wristband so we know they have been checked. Both programs will provide their volunteers with facemasks, if needed. Both programs will also provide enough volunteers to monitor the activities at the fields and make sure all players, coaches, parents, etc. are following these protocols.

All volunteers will be checked by that day's designated board member and recorded in a log to be kept in the office. Volunteers will also need to complete and turn in the COVID Questionnaire form before every event. Extras will be kept in the office should they be needed.

Volunteers must be wearing a face mask at all times while in the facility.

- Participants (players and coaches) will be required to sign a waiver/consent form prior to participating in baseball activities.

- Cleaning of the site will occur daily. This includes, but is not limited to, common areas, restrooms, door handles, equipment (as used), and locks. All tables/seating will be removed from common areas.

The tables on the NVYB patios will be made unavailable for public use. The snack bars will not be open for concession sales. Access to the AYSO trailer and each snack bar will be limited to an as-needed basis. All common surfaces in each area must be cleaned after use (table/counter surfaces, doorknobs, sinks, handles, etc).

The restrooms will be sanitized on a schedule TBD. Andy Gump will still clean on their designated days, but we will be responsible for the day-to-day sanitization. Hand sanitizer is available at every restroom.

The lock(s) on the main gate will be sanitized every day when they are opened (by whoever is opening) and after they are closed (by whoever is closing).

Hand sanitizer will be available at both AYSO and NVYB patios and check-in sites.

- In accordance with the state and county guidelines for returning to youth sports, we will be following the California Department of Public Health's definition of "cohort": limited to no more than 14 children and youth and no more than two supervising adults, or a configuration of no more than 16 individuals total (children and youth or adults).

NVYB: 3 coaches per cohort will be allowed, as is common for baseball activities, especially games.

- Only 2 non-volunteer adults (i.e spectators, e.g. parents, guardians, siblings) per player on the field. We encourage adults with older players to remain in their vehicles. Not a drop and run, but if they can watch from their vehicle that will help keep the number of people on the fields down and help us be able to social distance those on the fields better.

Spectators are required to wear a face mask at all times while at the facility, unless they remain in their vehicle.

- Both programs will limit the number of fields in use at a time so as to keep the number of people at the facility to a minimum and to help maintain social distancing protocols. Field space and/or time slots will be assigned to each coach so as not to overwhelm the fields. There is no free practice time – they may only use their assigned field space on their assigned day(s) and time. The fields will only be open and available to coaches/teams during their designated times. Any coach/team found on the fields at any other time will be told to leave immediately. Field use will be staggered during practices and games to help maintain social distancing protocols.

- In accordance with the county guidelines, “All participants are required to wear an appropriate face mask that covers the nose and the mouth at all times during practice, conditioning, play and competition, even during heavy exertion as tolerated to protect the safety of all participants. Exceptions to wearing a face mask are when the face mask may become a hazard, when in the water, while eating/drinking, or when engaging in solo physical exertion (such as jogging by oneself, alone). Participants must wear a face mask at all times when not engaged in practice, conditioning, or in play, including when on the sidelines during competitions. This applies to all adults and to children 2 years of age and older. Masks with one-way valves must not be used. Only individuals who have been instructed not to wear a mask by their medical provider due to a medical condition, mental health condition, or disability that prevents wearing a mask are exempt from wearing one. Participants should take a break from exercise and/or remove their face mask if any difficulty breathing is noted and should change their mask if it becomes wet and sticks to the participant’s face and obstructs breathing. Participants must remain physically distanced from others at any time their face mask is temporarily removed. Masks that restrict airflow under heavy exertion (such as N-95 masks) are not advised for exercise.
- Both programs will have the county health order posted at their physical sites as well as posted on their respective websites, along with any program-specific protocols. Emails with these protocols will be sent to registrants prior to any program starting. They will also be on our website and will be emailed to all registered participants before the beginning of the season. Hard copies will be available upon request.